



## Calendr o Ddigwyddiadau Chwefror 2012 Calendar of Events February 2012

| Dyddiad<br>Date | Amser<br>Time    | Digwyddiad<br>Event   | Lleoliad<br>Venue      |
|-----------------|------------------|---|------------------------|
| 1,8,22,29       | 10.15            | Swn a Sbri  | Neuadd Goffa           |
| 1,8,22,29       | 11.00            | Grwp Babis a Plant Bach / <i>Baby and Toddlers Group</i>                                  | Neuadd Goffa           |
| 1,8,29          | 15.00            | Woodchips Gwerin y Coed ( <i>Children</i> )   | Neuadd Goffa           |
| 1,8,15,22,29    | 19.00            | Zumba   | Neuadd Goffa           |
| 2,9,16,23       | 17.45 -<br>18.45 | Ioga i Ddechreuwr / <i>Yoga for Beginners</i>   | Neuadd Goffa           |
| 2,9,16,23       | 19.00-<br>20.30  | Ioga / <i>Yoga Intermediate and Advanced</i>  | Neuadd Goffa           |
| 6,13,20,27      | 19.00            | Côr / <i>Choir</i>  | Eglwys / <i>Church</i> |
| 7               | 19.00            | Pwllgor Neuadd Goffa Committee  | Neuadd Goffa           |
| 14              | 19.30            | Clwb Hanes / <i>History Club</i>  | Neuadd Goffa           |
| 18              | 10.00-<br>16.00  | Yoga Focus on Detoxing<br><i>Croeso y Bawb - All welcome (fôn/phone for details over)</i> | Neuadd Goffa           |
| 20              | 19.00            | Trefnu Blodau / <i>Flower Arranging</i>   | Neuadd Goffa           |
| 22              | 14.00            | Clwb y Mynydd   | Neuadd Goffa           |

### Gwasanaeth Amana yn yr Eglwys / *Amana Service in the Church*

Chwef. 26 Feb. 14.00 Parch Hugh John Hughes Porthaethwy  
Croeso cynnes i bawb / *A very warm welcome to all*

### Eglwys St. Ann a St. Mair Church Gweithgareddau'r mis / *This month's activities:*

Chwef 5 Feb 9.45 Gwasanaeth Teuluol/Family Service.  
Chwef. 12 Feb. 9.45 Cymun Teuluol/Family Eucharist (English).  
Chwef. 19 Feb. 9.45 Boreol Weddi/Mattins.  
Chwef. 26 Feb. 9.45 Cymun Bendigaid/Eucharist.

Ar nos Fawrth, 21ain Chwefror am 7 o'r gloch cynhelir "Noson Crempogau". Croeso cynnes i bawb ymuno a ni yn yr Eglwys, am grempog a phaned.

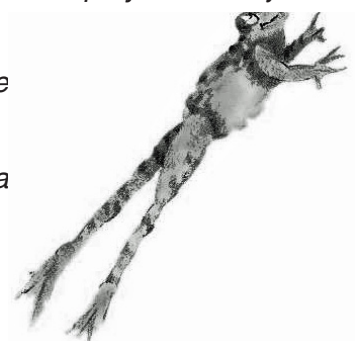
Enillydd yr "Hamper Nadolig" flwyddyn diwethaf oedd Mr. Peter Price, Twillukstump. Gobeithio i'r teulu fwynhau'r danteithion i gyd!

Anfonwn ein cofion cywiraf at bawb sy'n sal ar hyn o bryd - brysiwch wella !

*On Tuesday evening 21st February at 7 p.m. we are holding a "Pancake Evening". We hope you will all join us for a pancake and paned!*

*Last year's Christmas Hamper was won by Mr. Peter Price, Twillukstump. We hope the family enjoyed all the goodies!*

*To all who are ill at this time, either in hospital or in their own home, we wish you a speedy recovery.*



## **Bwrdd Sylwadau Mynydd Notice Board**

Website: [www.mynyddllandegai.org.uk](http://www.mynyddllandegai.org.uk)

Blwyddyn Newydd Da iawn i chi gyd. Pam wnei di ddim wneud penderfyniad Blwyddyn Newydd i ymuno efo un or clybiau, neu gweithgareddau arall wedi rhestri isod. Bysa'r grwpau i gyd yn falch i croesawu aelodau newydd. Os ganddo chi £1 i sbario un mis os gwelwch yn dda ymunwch a'r Clwb 100. Mae'r pres yn chwarae rhan hanfodol i'r rhedeg o'r Neuadd Goffa. Ella wnewch chi enill gwobr hefyd!!

*A very Happy New Year to you all. Why not make it a New Year Resolution to join one of the clubs or other activities listed below. All groups would be glad to welcome new members.*

*Please if you have a £1 a month to spare join the 100 Club. This money plays a vital part in the running of the Memorial Hall. You might also win a prize!!*

### **Côr /Choir Lleisiau'r Mynydd**

Wythnosol / *Weekly* - Cysylltwch / *Contact* : Einir Frodsham 601353

### **Clwb y Mynydd (Dros Hanner Cant, Over 50)**

Misol / *Monthly* - Cysylltwch / *Contact* : Edith Jones 601106

### **Drama**

Wythnosol / *Weekly* - Cysylltwch / *Contact* : Pat Mowday Yates 601508

### **Trefnu Blodau / Flower Arranging**

Misol / *Monthly* - Cysylltwch / *Contact* : Theta Owen 600744

### **Clwb Garddio / Garden Club**

Misol / *Monthly* - Cysylltwch / *Contact* : Ilona Sewell 600702

### **Clwb Hanes / History Club**

Misol / *Monthly* - Cysylltwch / *Contact* : Ilona Sewell 600702

### **Ioga / Yoga**

Wythnosol / *Weekly* - Cysylltwch / *Contact* : Mary Freeman 07775 943569 - [yogatastic@hotmail.com](mailto:yogatastic@hotmail.com)

### **Zumba**

Wythnosol / *Weekly* - Cysylltwch / *Contact* : Liz Griffith 07904 583158

### **Pwllgor Neuadd Goffa Committee**

Cysylltwch / *Contact* : Ilona Sewell 600702

### **Llogi'r Neuadd Goffa / Memorial Hall Bookings**

*Anne Aspinall 605437 or [anne@plasnant.co.uk](mailto:anne@plasnant.co.uk)*

### **Clwb Cant / 100 Club**

Cysylltwch / *Contact* : Peter Rickard 601766

### **Llythyr Newyddion - Calendr / Newsletter - Calendar**

Misol / *Monthly* - Cysylltwch / *Contact* : Carol Rickard 601766