



Calendr o Ddigwyddiadau Ebrill 2013 Calendar of Events April 2013

| Dyddiad Date | Amser Time | Digwyddiad Event | Lleoliad Venue |
|-----------------|---------------|--|-------------------|
| 1 | 14.00 | Treial Bwni Pasg / Easter Bunny Trail | Lon y Grug |
| 2,9,16,23,30 | 18.30 | Clwb Ieuencid / Youth Club | Neuadd Goffa |
| 3,10,17,24 | 19.00 | Zumba | Neuadd Goffa |
| 5 | 19.00 | Clwb Garddio / Garden Club | 29 Tan y Bwlch |
| 8 | 19.00 | Trefnu Blodau / Flower Arranging | Neuadd Goffa |
| 8,15,22,29 | 19.00 | Côr / Choir | Eglwys/Church |
| 9 | 19.30 | Clwb Hanes / History Club | Neuadd Goffa |
| 10,17,24 | 10.15 | Swn a Sbri | Neuadd Goffa |
| 10,17,24 | 11.00 | Grwp Babis a Plant Bach / Baby and Toddlers Group | Neuadd Goffa |
| 11,18,25 | 16.30 | logatastic / Yogatastic | Neuadd Goffa |
| 11,18,25 | 17.45 | loga i Ddechreuwr / Yoga for Beginners | Neuadd Goffa |
| 11,18,25 | 19.00 | loga / Yoga Intermediate and Advanced | Neuadd Goffa |
| 13 | 10.00-16.00 | Provisional Yoga Day. See Notice Board / Gweler y Bwrdd Sylwadau | Neuadd Goffa |
| 17 | 14.00 | Clwb y Mynydd | Neuadd Goffa |
| 22 | 19.00 | Canolfan Blynyddol Neuadd Goffa / Memorial Hall Annual General Meeting | Neuadd Goffa |

Gwasanaeth Amana yn yr Eglwys / Amana Service in the Church

21 14.00 W.R. Williams Felin Heli Croeso i bawb / All welcome

Eglwys St. Ann a St. Mair Church Gweithgareddau'r mis / This month's activities

Ebrill 7 April 9.45 Gwasanaeth Teuluol / Family Service
Ebrill 14 April 9.45 Cymun Teuluol / Family Eucharist
Ebrill 21 April 9.45 Boreol Weddi / Mattins
Ebrill 28 April 9.45 Cymun Bendigaid / Eucharist

Estynnwn groeso i bawb ymuno a ni yn ein gwasanaethau, ac os oes unrhyw un yn dymuno ymweliad gan y Curad, Y Parchedig Jenny Hood cysylltwch ag un o'r Wardeiniaid (Janet Williams - 600434; Peter Price - 601199).

Wrth ddychwelyd i'r ysgol yn dilyn gwyliau'r Pasg, bydd nifer o'n pobl ifainc yn wynebu arholiadau diwedd blwyddyn; dymunwn pob lwc iddynt wrth eu gwaith.

Trist oedd clywed am farwolaeth Mr. Bill Lloyd-Williams. Pleser mawr oedd i ni yn Eglwys St. Ann a St. Mair gael ei wasanaeth yn achlysurol ar foreau Sul. Anfonwn ein cydymdeimlad cywiraf at ei wraig, Gill, y plant a'r teulu oll.

Ein dymuniadau gorau i bawb sy'n sal ar hyn o bryd, anfonwn ein cofion cywiraf atoch i gyd.

We extend a warm welcome to you all to our Sunday services, especially children and young families to our Family service on the first Sunday in the month. Many of our young people face the end of year exams on returning to school after the Easter holidays. We wish them all well.

It was with great sadness that we heard of the death of Mr. Bill Lloyd Williams. He will be sorely missed by the St. Ann's congregation, where he had taken many services over past years. We send our sincere sympathy to his wife Gill, the children and all the family.

We wish a speedy recovery to all who are unwell in hospital or in their own homes - get well soon!

Bwrdd Sylwadau Mynydd Notice Board

Website Mynyddllandegai.org.uk

TREIAL BWNI PASG

Parc-y-Bwlch

Dydd Llun y Pasg

Ebrill 1^{af} 2 o'r gloch y prynhawn



EASTER BUNNY TRAIL

Parc-y-Bwlch

Easter Monday

April 1st 2pm

Clwb Ieuenctid a phlant eraill i gyd / Youth Club and all other children

Digonedd o wyau - Eggs Galore

Croeso i bawb - All welcome

Dechrau wrth giat Parc y Bwlch ar y pen uchaf o Lôn y Grug.

Start at the Parc-y-Bwlch gate at the top end of Lôn y Grug.

DIWRNOD IOGA - Dydd Sadwrn Ebrill 13^{ed}

Datblygiad tyner i'r galon. Diwrnod Ioga, diwrnod o "yin" a ioga "vinyasa" a myfyrdod yn pwysleisio ar yr ysgwyddau, brest a'r cefn. Agor y galon a datblygu caredigrwydd cariadus. £30 (blaendal o £10 yn angen). Dewch a bwyd llysieuol i'w rannu ar gyfer byrbryd. Dewch a mat a phlanced og gwelwch yn dda.

Cysylltwch a Mary Freeman am fanylion pellach ar 07775943569.

YOGA DAY - Saturday 13th April

A gentle unfolding of the heart. Yoga Day, a day of yin and vinyasa yoga and meditation focussing on opening the shoulders, chest and upper back. Opening the heart and developing loving kindness. £30 (£10 deposit required). Bring veggie food to share for lunch. Please bring a mat and a blanket.

Contact Mary Freeman for details on 07775943569

Clwb Cant Chwefror / 100 Club February

£20 71
£5 90

T. Radford
Fiona Thomas

£10 02
£5 129

H. Williams
B. Shaw

£5 118
£5 97

L. Ward
D. Parry

**CANOLFAN BLYNYDDOL NEUADD GOFFA
MEMORIAL HALL ANNUAL GENERAL MEETING
Dydd Llun 22 Ebrill am 19.00 - Monday April 22 19.00
Gyrwch unrhyw eitem i'r agenda i / Items for the agenda to
Ilona Sewell, 29 Tan y Bwlch**

**Llogi'r Neuadd Goffa Memorial Hall Bookings.
Anne Aspinall -anne@plasnant.co.uk or 01248 605437**

Mae'r rhaid derbyn pob peth sydd angen ei gynnwys y Calendr neu'r Llythyr Newyddion cyn y 10^{fed} o bob mis. Anfonwch i Carol Rickard (Golygydd) 601766.

Items for inclusion in the Calendar or Newsletter must be received by the 10th of each month.

Any items to Carol Rickard, 10 Tan y Bwlch.